



**INFORMATION SESSION:**

**26 April 2021**

## **Healthy ageing study for older Aboriginal people**

*Are you an NSW-based service that works with older Aboriginal people?*

*Would your service like to be part of research that shows how important community programs are for older Aboriginal people?*

Interested?

Join our online information session or contact us to find out how you can be involved in the Ironbark project

**When:** Monday 26 April 2021

**Time:** 11- 12 pm

**Register here:** [Ironbark webinar registration](#)

**Contact:** Aaron Simon at [ironbark@unsw.edu.au](mailto:ironbark@unsw.edu.au) or phone 02 9065 7344

**Website:** [ironbarkproject.org.au](http://ironbarkproject.org.au)

The Ironbark Project is a healthy ageing study for older Aboriginal people (45 years and older). NSW-based services that work with groups of older Aboriginal people are invited to be part of this study involving Aboriginal-led community programs that improve social and emotional wellbeing, strength, mobility and independence, and prevent falls. Funding and training are provided to run the weekly community program with Elders.

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### **Our partners:**



**UNSW**  
SYDNEY



**Flinders University**  
Southgate Institute  
for Health, Society  
& Equity



**Curtin University**



**Institute for  
Musculoskeletal  
Health**